



When your child needs a hospital, everything matters.

Nationwide Children's Hospital
Community Education
700 Children's Drive
Columbus, OH 43205-2696



Navigating Congenital Heart Disease and Anxiety

February 12, 2022



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Program Description

Congenital heart disease (CHD) affects more than the heart, it affects the mind as well. Frequent clinic visits, hospital stays, procedures and tests can have a big psychosocial impact on both caregivers and patients.

Do you get anxious before a doctors' visit? Do certain smells or sounds make your heart race? You are not alone. This program will discuss signs of anxiety and explore various treatment options.

Topics

- It's Common: Mental health disorders for people with CHD and their caregivers
- Physiological signs of anxiety, depression and more
- Treatment strategies
- Talking to your cardiologist about anxiety
- Patient and parent panel: Hear from others about their experiences with anxiety

Who Should Attend

If you, your child or someone you love has congenital heart disease, this program is for you!

Location

Program will be held virtually through WebEx

Program Date and Time

February 12, 2022 | 10 a.m. - Noon

Cost

Free

Confirmation

A confirmation email with virtual connection directions will be sent to everyone who registers for the program.

Questions

Call Community Education at (614) 355-0662.

REGISTRATION FORM

Navigating Congenital Heart Disease and Anxiety

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Please Print:

Name _____

Address _____

City _____

State _____ Zip _____

County _____

Daytime phone (_____) _____

FAX _____

Email _____

Number of people attending _____

Ways to Register

Mail this form to:

Community Education
Nationwide Children's Hospital
700 Children's Drive
Columbus, OH 43205

Scan form and email to:

CommunityEducation@NationwideChildrens.org

Register online at:

NationwideChildrens.org/Edu or scan the QR code with your phone

